BLAND DIET FOR YOUR PET

- Use chicken or ground beef. It must be boiled to remove any fat that is on the meat. Strain the meat to clean it after it is cooked (boiled)
- Cooked rice (brown rice is fine)
- Use equal amounts of rice and meat to feed. Feed small amounts throughout the day for 2 to 3 days then mix with regular diet to get back to a regular feeding pattern.
- It is ok to use plain yogurt or cottage cheese to add flavor to the bland diet mixture.

Our Office hours are:

Monday – Friday: 7AM – 12PM & 2PM – 6PM

Our Doctors hours are Monday – Friday: 8AM – 10AM & 2PM – 5PM

In the event of an after-hours emergency occurs, please call the nearest 24 hour veterinary care center that is available to you.

Phoenix
Blue Pearl Pet Hospital
(602) 995 – 3757

Chandler
1st Pet Veterinary Centers – Chandler
(480) 732 - 0018

Gilbert
Arizona Veterinary Emergency & Critical Care Center
(480) 497 – 0222

Mesa
VCA Animal Referral & Emergency Center of Arizona
(480) 898 – 0001